

**Message from  
IIW President  
Mrs. Trish Douglas**



My Dear Friends,

It is a great sense of honour that I take over the role of International Inner Wheel President for our Centennial Year, a year in which with your help, we can 'Shine a Light' on all the amazing work that we do in the name of Inner Wheel around the world.

I chose 'Shine a Light' because sometimes the light does not 'Shine' on all the marvelous projects we are involved in, the past year we have been asked to 'Work Wonders' now we have to 'Shine a Light' on all the work wonders we have done and will be doing in this very special year ahead.

An action goal for 'Shine a Light' – Support mental health and well-being. The action goal is to raise awareness about mental health, provide support and resources for those struggling with mental health issues and promote a culture of self-care, empathy and compassion.

'Project Brighten Lives'- A centenary project to celebrate 100 years of Inner Wheel. An environmental project to fit with the resources of clubs or districts – 'Shine a Light' on improving public areas for community enjoyment; raising money to refresh or rebuild community facilities (money can be raised by clubs and districts to fund larger projects such as these).

Simple projects to 'Shine a Light' on providing and maintain gardens for public use or for enjoyment of residents in retirement homes. I'm sure all of us have a retirement home in our town, or a YMCA garden that needs refreshed, let us all 'Brighten Lives'.

In some countries Inner Wheel could 'Shine a Light' on school projects i.e. planting trees, this helps our environment as our climate is changing rapidly – from unseasonal heatwaves and torrential rains to extreme floods, storms, wildfires and prolonged droughts.

My dear fellow members, I wish you all well in this our Centennial Year, I know that you will all 'Shine a Light' throughout the world in the name of our wonderful organisation – Inner Wheel!

My love to you all

**Trish X  
IIW President 2023-24**